



NEW TRIER HIGH SCHOOL HEALTH SERVICES

Guidelines for Health Examinations and Immunizations Records

1. Student health records are required in compliance with Illinois law. A **physical examination is required within one year prior to the date of entering school** for all incoming freshman and for students transferring from out of state. Students transferring to New Trier from an Illinois high school may provide a copy of the physical exam from their former school. Students also must have immunizations completed as specified by the Illinois Department of Public Health (see below). Health forms may be downloaded from the New Trier Health Services website: <http://www.newtrier.k12.il.us/HealthServices/>. (Reference: *New Trier Guidebook*; *Illinois Department of Public Health Rules and Regulations*; *Illinois Administrative Code part 665*; *School Code of Illinois 105/ILCS527-8.1*).
2. **Immunization History** must include specific dates (month, date, and year) and include at least the minimum number of doses at the intervals noted below:
 - A. **Diphtheria, Pertussis, Tetanus**: Requires a minimum of three doses, no less than 28 days apart. The last dose must be given on or after the fourth birthday and no earlier than six months after the former dose. A booster is required every 10 years.
All students entering high school must provide evidence of having received one dose of Tdap.
 - B. **Polio**: Requires a minimum of three doses of the same type of polio vaccine or four doses if any combination of polio vaccine types is given. The minimum interval between doses is 28 days. The final dose must be received on or after the fourth birthday.
 - C. **Hepatitis B**: Requires a series of three doses. The first two doses must be no less than 28 days apart and the interval between the second and third doses at least 56 days. The interval between the first and third dose must be at least 4 months.
 - D. **Measles**: Requires two doses, the first on or after the first birthday and the second at least 28 days later.
 - E. **Mumps**: Requires two doses, the first on or after the first birthday and the second at least 28 days later.
 - F. **Rubella**: Requires two doses, the first on or after the first birthday and the second at least 28 days later.
 - G. **Varicella (Chickenpox)**: Requires two doses, the first on or after the first birthday and the second at least 28 days later. History of disease must be verified by the examiner and documented on the Certificate of Child Health Exam Form under Alternative Proof of Immunity.
 - H. **Meningitis (MCV4)**: For Freshman, Sophomore and Junior students: Requires one dose on or after the 11th birthday. For Seniors: Requires one dose on or after the 11th birthday and a second dose after the 16th birthday. If the first dose is given after the 16th birthday only one dose is required.
3. **Medical Contraindication**: Requires a health care provider's statement detailing the specific medical condition that prevents the child from receiving the vaccine and its projected duration. If the condition of the child later permits immunization, the requirement will have to be met.
4. **Religious Exemption**: Requires the filing of a signed statement detailing objections to physical exam, health screenings, and/or immunizations on religious grounds. This statement must be signed by the health care provider responsible for performing the child's health exam. The signature indicates that they have provided the parent with information about the benefits of immunization and health risks of communicable disease. Form: <http://www.dph.illinois.gov/sites/default/files/forms/religious-exemption-form-081815-040816.pdf>
5. In case of infectious disease outbreak, unprotected students must be excluded from school as directed by the Illinois Department of Public Health.